



PROGRAM GUIDE



Hoyleton Youth & Family Services
Building Stronger Communities *One Child at a Time*

Our Mission Statement

Hoyleton Youth and Family Services seeks to enable all people, young and old alike, to realize the wholeness of life that God intends. This will be accomplished with the compassion of Jesus Christ and the power of the Holy Spirit reaching out to meet the physical, emotional, intellectual, spiritual, and social needs of those with whom we journey.

Our Vision

It is our vision to have a greater impact in the community through program excellence, strengthen the organization through diversified funding streams, continue our efforts for quality improvement and sustain the organization through social readiness and diversity.

Our Approach

Hoyleton Youth & Family Services follows the CARE Model, a comprehensive principle-based program model that provides a framework to keep relationships at the center and guide everything we do. The CARE model, with roots at Cornell University is based on six core principles. The aim of CARE is to bring our current practices closer to well-researched best practices in residential, foster and clinical care. Implementing this model helps us establish processes with all levels of staff in order to improve how the agency works as a whole. This in turn, leads to better outcomes for those we serve.

CARE principles include:

- Developmentally Focused
- Family Involved
- Relationship Based
- Competence Centered
- Trauma Informed
- Ecologically Oriented

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Hoyleton is **one of only 50 agencies nationally**, and the only one serving youth in Southern Illinois, that adheres to the CARE Model.

“We believe that being diverse, equitable and inclusive are essential components in delivering the quality programs and services that are the hallmark of our heritage.” - Chris Cox, President and CEO



Areas of Care



Therapeutic Residential Care

Safe, secure environments where young people can begin their journey toward independence. Promotes healing for youth ages 9 – 21 who are severely emotionally disturbed and have intellectual disabilities.



Foster Care

Connecting and training foster and adoptive parents with youth in need of their forever home. Promotes Foster Care and Adoption, Specialized Foster Care and Therapeutic Foster care.



Emerging Adult Care

Life Skills programs for youth ages 17 – 21 that helps lead them to independent living as a young adult. Programs such as Transitional Living Programs, New Life Parenting Program, Independent Living Program and Life Set provide the skills and tools necessary for these youth to succeed.



In-Community Care

Specialized programs for Substance Abuse Prevention, Teen Pregnancy Prevention, The Healing and Loving Oneself (HALO) Program, Network of Voice against Trafficking and Exploitation, and Project Safe Neighborhood are a few of the programs.



Puentes de Esperanza

A trusted resource for Spanish speaking residents. Puentes provides an Immigrant Family Resource Program, Latinx Special Services, Community Outreach and a one stop human services center at the Fairmont City Welcome Center.



FORWARD Counseling Care by Hoyleton

The FORWARD portfolio of services includes Outpatient Counseling, Schoolbase Partnership Programs, Violence Prevention Program, Mental Health First Aid, Trauma Focused Cognitive-Behavioral Therapy, Child Parent Psychotherapy and the Nurturing Parenting Program, to name a few.

Therapeutic **Residential Care**

Safe, secure environments where young people can begin their journey toward independence.

Hoyleton Therapeutic Residential Programs

Promotes healing for youth ages 9-21 who are severely emotionally disturbed and have intellectual disabilities. Hoyleton's Therapeutic Residential Care is provided on its Hoyleton Campus; for youth with severe intellectual disabilities, programming is at Hoyleton's Schippel House in Salem.

Foster Care

Connecting and training foster parents to youth in need of their forever home.

Foster Care and Adoption

Through recruitment and training, Hoyleton finds loving foster parents able to care for children placed under the protection of the state. When these children cannot safely return home, Hoyleton assists foster parents in the adoption process to give the child a forever home.

Specialized Foster Care

Provides individualized care plans for youth with special needs and their foster parents.

Therapeutic Foster Care

Promotes the transition of youth ages 9-21 who are currently in Hoyleton's residential program and will need a step-down program to support their move back to a family setting before returning home or to their permanent placement.

Emerging Adult Care

Life skills programs for youth ages 17-21 that helps lead them to independent living as a young adult.

Transitional Living Programs (TLPs)

Assists intellectually disabled young men aged 17-21 in developing independent living skills. Expecting and parenting mothers aged 17-20 in DCFS guardianship also benefit from learning the life and parenting skills to live independently.

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New Life Parenting Program

Teaches nurturing, effective, and safe parenting skills for pregnant and parenting youth in care.

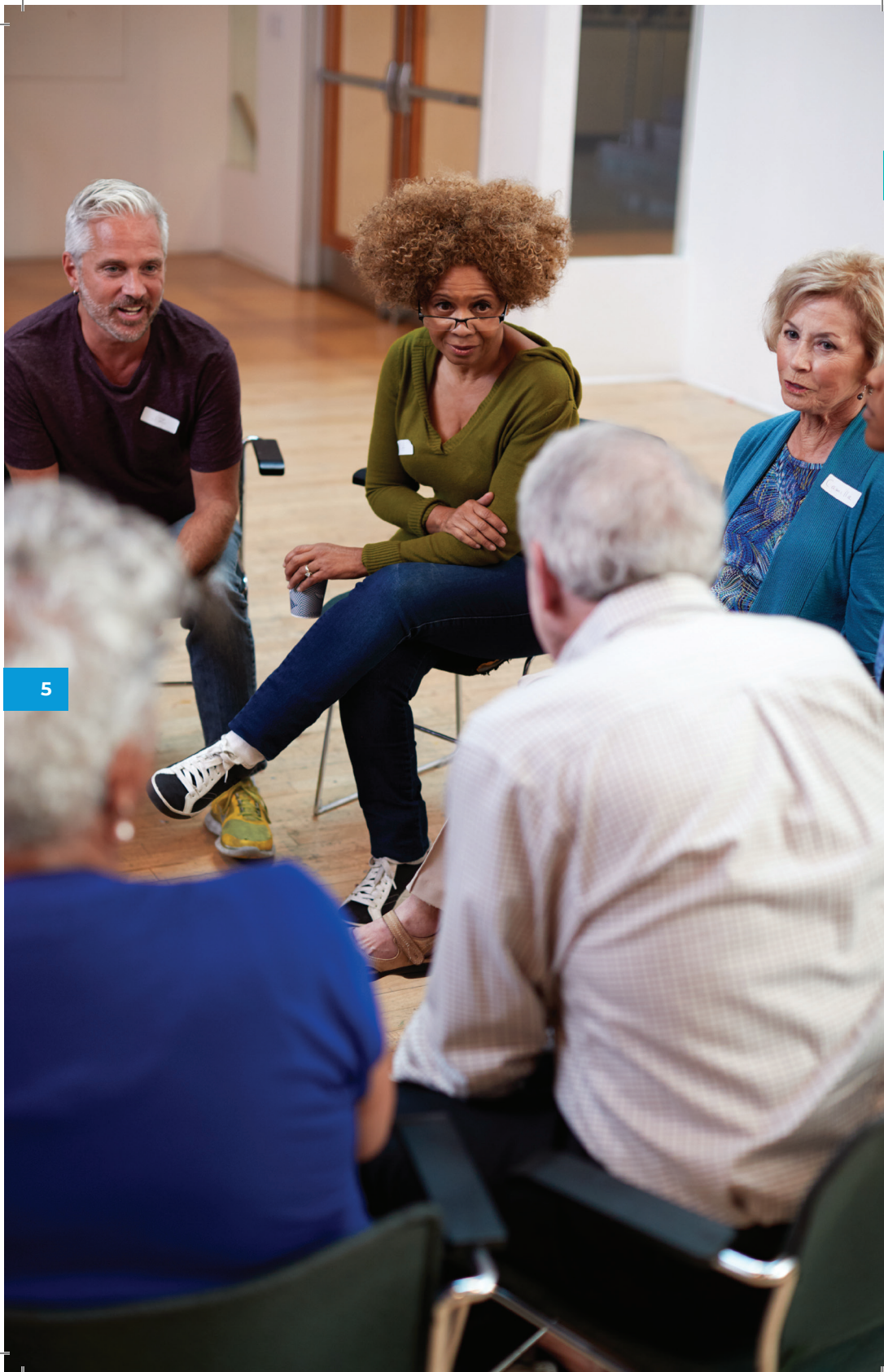
Independent Living Program (ILP)

Provides youth who are aging out of foster care the opportunity to learn essential life skills and practice living independently while still having the guidance of Hoyleton's caring staff.

LifeSet

YVLifeSet is Hoyleton's new program to help older youth transition to adulthood and independence. YVLifeSet Case Managers develop plans with youth to help them pursue their life goals, emphasizing educational achievement, housing stability, work, and financial responsibility. YVLifeSet is a pilot initiative funded through a grant from Youth Villages to the IL DCFS. Hoyleton is one of only three pilot sites in the State of Illinois and the only downstate provider involved in this project.





In-Community Care

Education and life skills community-based programs and services.

Substance Abuse Prevention

Provides evidence-based substance abuse prevention education in schools within St. Clair, Monroe, Clinton, and Washington counties. Community coalition and youth advisory efforts are implemented to address substance use and abuse among youth in the targeted areas.

Teen Pregnancy Prevention

Provides pregnancy prevention and healthy living education to youth who reside in six different therapeutic residential programs in Illinois.

The Healing and Loving Oneself (HALO) Project

Focuses on engaging and mentoring youth and young adults who are identified as at-risk or confirmed victims/survivors of human trafficking and sexual exploitation. Individuals who participate in the program will practice life skills and learn coping mechanisms that encourage healthy recovery. This program is for individuals between the ages of 11-25 years of age in Madison or St. Clair counties.

****If the family is involved in a DCFS case in Madison, St. Clair, Bond, Monroe, Randolph or Washington counties, the HALO Mentoring Program is available for clients.***

Network Of Voice Against Trafficking And Exploitation (NOVATE)

Educates child welfare and mental health professionals to increase identification & treatment for victims of human trafficking. Provides additional education to the community to help prevent youth from becoming victims of human trafficking.

Child Death Investigation Task Force and Review Team

As the fiscal agent, Hoyleton works to recruit a coalition to assist on the investigation of serious injury or harm and/or suspicious death of a youth in Southern Illinois. Hoyleton is also active in a statewide review team that works toward reducing the number of preventable child deaths in Illinois.

Project Safe Neighborhood (PSN)

A national initiative led by the United States Department of Justice to reduce gun violence in the United States and specifically in the Central and Southern Regions of Illinois. The PSN project covers 88 of the 102 counties in Illinois.

Neighbors for Renewal

Provides homes for therapeutic foster care program by rehabilitating houses in the community in need of repair by utilizing volunteer labor and donated services whenever possible.



Puentes de Esperanza

Bridges of Hope: A trusted resource for Spanish speaking residents.

The mission of Puentes de Esperanza is to seek to transform the lives of Latinx children and families in Southern Illinois through our community based ministries that are directed toward the support of their physical, emotional, social and spiritual needs.

Immigrant Family Resource Program

Assists community members in accessing SNAP and Medicaid benefits, as well as other public benefits such as TANF, SSI, child care, child care support, etc. The program provides interpretation services at state facilities to ease the process of enrollment.

Latinx Special Services

Provides interpretation and translation services to the Latinx population for DCFS staff during reported abuse or neglect investigations.

Community Outreach

Provides a wide range of services to assist the Latinx immigrant population to overcome barriers that prevent them from receiving needed services.

Fairmont City Welcome Center

Provides a one-stop human services center approach to help individuals access services that are often difficult to obtain due to language and cultural barriers. Partnerships with other agencies bring the needed services to these individuals and families. Workshops provide education to the community on various topics that support the community needs.

**Welcome Center Address: 4012 Maple Ave., Fairmont City, IL 62201*

Bilingual Therapy and Parenting Services

Helps individuals select the right options for their family and can connect them to our counseling care therapists who can provide any behavioral care support needed.



Services are for individuals, groups and couples, school districts and communities or businesses.

Outpatient Counseling

Offers a variety of counseling services to individuals of all ages. These services include: individual, family, group, and couples counseling. Services are also provided to biological parents whose children are in our care. Bilingual counseling services are available to our Spanish and Latino speaking clients.

School-based Partnership Programs

Offers school-based mental health counseling in partnership with East St. Louis School District 189. These services supports youth who are struggling with trauma, anxiety, depression and conduct problems including substance misuse or other behavioral health issues. Support is also offered to their parents.



DCFS Wraparound Program

Provides services for children, youth, and their families who are served by DCFS in St. Clair and Madison Counties. Facilitates Child & Family Teams, and arranges for traditional and non-traditional services, such as disbursement of flexible funds to prevent placement of youth in foster or therapeutic care. Helps stabilize foster care placements and helps youth achieve permanency.

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Victims of Crime Act

A no cost service established to help survivors rebuild their lives by providing education, health care referrals, personal advocacy, emotional support or safety services, linkage to community resources, criminal/civil justice system assistance and/or individual therapy for minors and adults.

Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)

Trauma-Focused Cognitive-Behavioral Therapy is a conjoint child and parent psychotherapy model for children who are experiencing significant emotional and behavioral difficulties related to traumatic life events. It is a components-based hybrid treatment model that incorporates trauma-sensitive interventions with cognitive behavioral, family, and humanistic principles.



Child Parent Psychotherapy (CPP)

Child Parent Psychotherapy (CPP) is a treatment for trauma-exposed children. CPP examines how the trauma and the caregivers' relational history affect the caregiver-child relationship and the child's developmental trajectory. A central goal is to support and strengthen the caregiver-child relationship as a vehicle for restoring and protecting the child's mental health.

Treatment also focuses on contextual factors that may affect the caregiver-child relationship (e.g., culture and socioeconomic and immigration related stressors). Targets of the intervention include caregivers' and children's maladaptive representations of themselves and each other and interactions and behaviors that interfere with the child's mental health.

Over the course of treatment, the caregiver and child are guided to create a joint narrative of the psychological traumatic event and identify and address traumatic triggers that generate dysregulated behaviors and affect.

The Nurturing Parenting Program (NPP)

The Nurturing Parenting Program (NPP) is a family-centered trauma-informed initiative designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices. The long term goals are to prevent recidivism in families receiving social services, lower the rate of multi-parent teenage pregnancies, reduce the rate of juvenile delinquency and alcohol abuse and stop the intergenerational cycle of child abuse by teaching positive parenting behaviors.

To contact FORWARD, call 618.688.7040.

**Do you want to talk to a member of our staff about Hoyleton
and how you can connect with us?**

Call Philanthropy at **618.688.7094**
or Marketing at **618.688.7089**
or visit our website at **hoyleton.org**.

Are you on social media? We are!

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