Sexual Health
Resources for Adolescents

Who we are
Our focus is simple...One child at a time. We help to restore family relationships; prepare young adults to make positive life decisions and become productive citizens. We are building stronger communities through programs that strengthen & preserve families.

Whether through reunification, adoption or developing the life skills to stand on their own, our goal is always to help children and families find a forever place they can call home. Grounded by faith and the traditions of the United Church of Christ, we make a positive impact on over 2,000 lives each year.

Contact Us
8 Executive Drive, Suite 200
Fairview Heights, IL 62208
Phone: 618.688.4727
Facebook: www.facebook.com/Hoyleton/
Web: www.hoyleton.org
**Websites**

- **www.avert.org**
  AIDS Education & Research Trust. Global information and education on HIV and AIDS. UK-based organization working at the forefront of HIV education for the past 30 years. Very thorough resource site for individuals and professionals.

- **www.iwannaknow.org**
  Sexual health for teens and young adults. Sections of website are tailored for parents and educators. Parents section focuses on communication, being an ask able parent.

- **www.sexetc.org**
  Website by teens for teens. Opportunity for youth to ask/submit questions, interactive quizzes, links/resources for local access.

**Local Resources by County**

**St. Clair County:**
- St. Clair County Health Department
  618.825.4501
  [www.health.co.st-clair.il.us](http://www.health.co.st-clair.il.us)
- Southern Illinois Healthcare Foundation (SIHF)
  618.332.2740, Centreville
  618.271.9191, East St. Louis,
  [www.sihf.org](http://www.sihf.org)
- East Side Health District
  618.874.4713 ext 214
  [www.eastsidehealthdistrict.org](http://www.eastsidehealthdistrict.org)

**Madison County:**
- Madison County Health Department,
  618.296.6060
  [www.co.madison.il.us/department/health/index.php](http://www.co.madison.il.us/department/health/index.php)
- Madison County AIDS Program (MADCAP)
  618.877.5110
  [www.cyhs.com/index.php/madcap1](http://www.cyhs.com/index.php/madcap1)
**Websites**

**www.youngmenshealth.org**

Site devoted to adolescent boys and young men, covering sexual health, general health, nutrition, fitness and emotional health. Includes quizzes, health guides and Q&A library.

**www.stayteen.org**

Site for adolescents covering topics of sexual health, including videos, games, quizzes and Q&A library.

**www.teenshealth.org**

One section of the site addresses sexual health, otherwise this is a very general site addressing body, mind, food & fitness, diseases, infections, drugs & alcohol, safety, recipes, education and jobs. Site is bi-lingual.

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**Local Resources by County**

**Champaign County:**

- McKinley Health Center
  
  217-333-2701
  
  www.mckinley.illinois.edu

**Christian County:**

- Christian County Health Department
  
  217-824-4113
  
  www.christiancountyhealth.net

**Clinton County:**

- Clinton County Health Department
  
  618-594-2723
  
  www.clintoncountyhealth.com
**Local Resources by County**

**Marion County:**
- Marion County Health Department  
  618-548-3878  
  www.marioncountyhealthdept.org;  
- Pregnancy Care Clinic – Salem office  
  618-548-3111; Centralia office: 618-532-3111  
  www.pregnancycc.com  NOTE: gonorrhea & chlamydia testing only

**Jefferson County:**
- Jefferson County Health Department  
  618-244-7134  
  www.jeffersoncountyillinois.com/departments/health-dept

**Washington County:**
- Washington County Health Department  
  618-327-3644  
  www.washingtonco.illinois.gov/health-department

**Websites**

**www.advocatesforyouth.org**  
Champions efforts that help young people make informed and responsible decisions about their reproductive and sexual health. Extensive headings for prevention educators and parents

**www.scarleteen.com**  
Site positions itself as Sex Ed for the real world-inclusive, comprehensive, supportive sexuality and relationships info for teens and emerging adults. Interactive opportunities via message boards, live chat and text.

**www.siecus.org**  
Sexuality Information and Education Council of the United States. There is an information/education tab, but this site is primarily devoted to policy, advocacy and media articles.
### Apps

**Juicebox**

Juicebox connects you to certified sex and relationship Coaches anonymously.

**iCondom**

iCondom is the only international app for iPhone that locates the condom dispensers nearest to you and shows you their locations on a map.

**Circle of Six**

Circle of 6 is a personal safety app for everyone.

### Websites

**www.plannedparenthood.org**

Topics covered, for teens, parent & educators: abortion, cancer, health & wellness, sex and relationships, STDs, birth control, emergency contraception, pregnancy, sexual orientation and gender. There is a health center finder and it is bi-lingual.

**www.youngwomenshealth.org**

Site devoted to adolescent girls, covering sexual health, gynecology, general health, nutrition, fitness and emotional health. Includes quizzes, health guides and Q&A library. Site is bi-lingual.

**www.teenhealthstl.org**

Teens helped build this website providing info about teen health and sexual health in the St. Louis region.
**Websites**

**www.amaze.org**

AMAZE takes the awkward out of sex ed. Real info in fun, animated videos that give all the answers teens actually want to know about sex, their bodies and relationships.

**www.goaskalice.columbia.edu**

Website run by Columbia University/New York, Team members are health promotion specialists and health care providers. Contributors have advanced degrees in public health, health education, medicine, counseling and more. Site addresses general health concerns, not just sexual health. Sleep, stress, fitness, etc. Visitors to site can submit questions if they can’t find answers in the extensive Q&A library.

**www.girlshealth.gov**

In addition to sexual health topics, provides information on body, fitness, nutrition, illness & disability, feelings, bullying, safety, and relationships, all targets to adolescent girls.

**Apps**

**RealTalk by HealthED**

Real Talk is a mobile app that uses real stories by real teens to convey relevant and credible information about the issues that teens go through growing up.

**Spot On by Planned Parenthood**

For help determining best birth control, track cycle etc.

**Teen Health to go!**

Created for teens by teens, to provide clear and accurate information regarding teen health.

**My pill**

Birth Control Reminder-make sure you never miss a pill again. Currently only available for iOS devices.