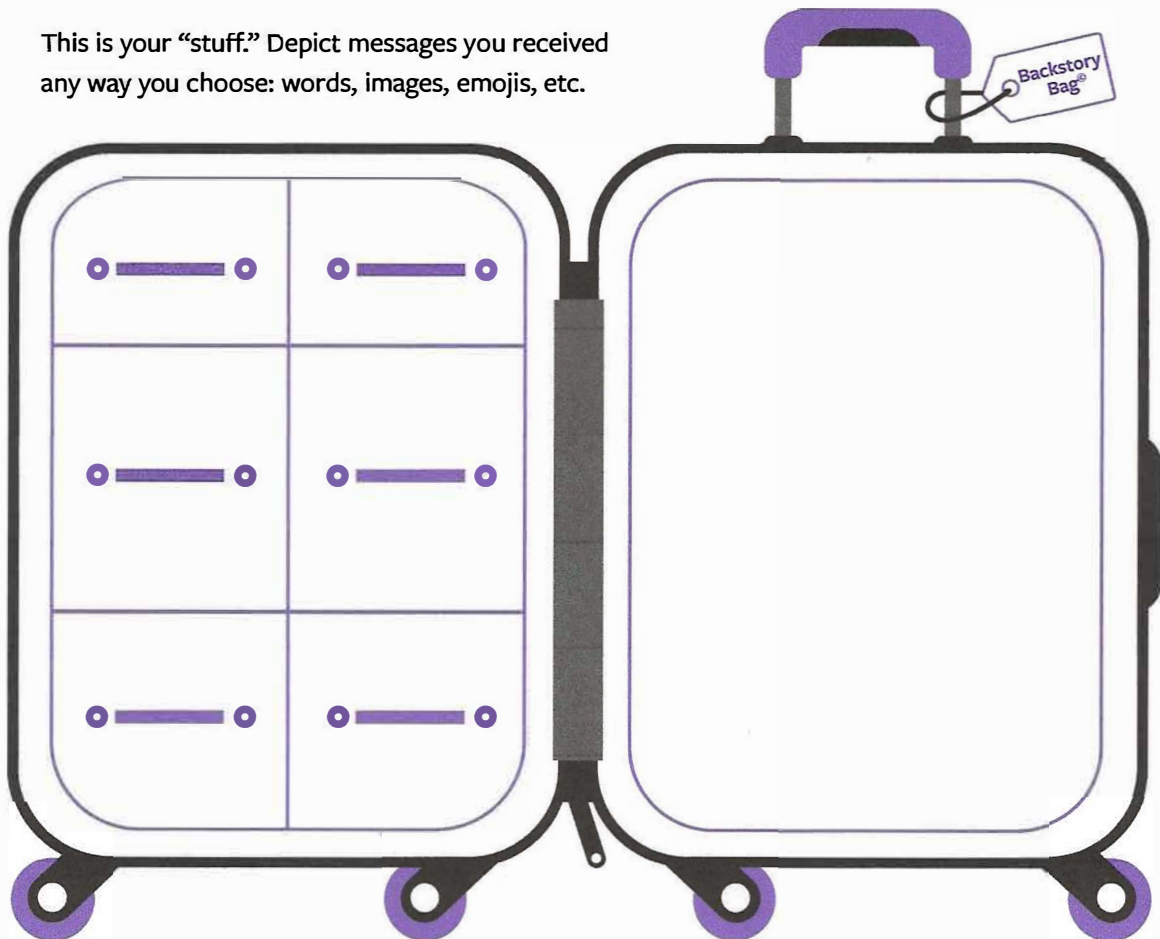


BACKSTORY BAG[®] RACE

On the left side of the bag are packing cubes—label at least 2 cubes with racial identities: your own and one other. Imagine that inside each cube are messages about those identities you heard at points in your life from various sources. The cubes are different sizes to contain different amounts—and if you think one cube is not big enough for all the messages you received from all sources, please use multiple cubes.

On the right side of the bag, “unpack” cubes to reveal memorable messages about your own and other racial identities.

This is your “stuff.” Depict messages you received any way you choose: words, images, emojis, etc.



How does the “stuff” on the right side of the bag influence your communication *across and about* racial differences?

How does it contribute to positive outcomes in these interactions?

How does it contribute to negative outcomes?

How long have you had this stuff?

What can you let go of?