Local Wellness Policy Triennial Assessment

Sponsors participating in the National School Lunch Program and/or School Breakfast Program are required to have a local wellness policy for all participating sites under its jurisdiction. At a minimum, the local wellness policy must be assessed once every three years; this is referred to as the triennial assessment. Triennial assessments must determine, for each participating site under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies. **This documentation should be kept on file with your organization's written local wellness policy for review by an ISBE monitor during your next school nutrition administrative review.**

Sponsor Name: Hoyleton Youth and Family Services

Site Name: Cottage A/TLC

Date Completed: August 6, 2025

Completed by: Tammie Watts

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) and state guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see ISBE's Local Wellness Policy Content Checklist.

☒Goals for Nutrition Education

☒Goals for Nutrition Promotion

☒Goals for Physical Activity

☒Goals for Other School-Based Wellness Activities

☒Unused Food Sharing Plan

☒Nutrition Standards for School Meals

☒Nutrition Standards for Competitive Foods

☒Standards for All Foods/Beverages Provided, but Not Sold

☒Food & Beverage Marketing

☒Wellness Leadership

☒Public Involvement

☒Triennial Assessments

☒Reporting

Part II: Goal Assessment

Per USDA regulations, the triennial assessment must determine compliance with and progress made in attaining the goals of the wellness policy. Input the goals of your local wellness policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the site is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
Our clients receive nutrition education through our Nursing and Recreational Departments. They are provided with knowledge and skills necessary to adopt healthy eating behaviors and aimed at influencing clients' knowledge, attitudes and eating habits.	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
This information is provided by our agency nurse in the form of handouts, brochures, etc. A Health and Wellness Brochure is given to new clients upon admission.	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
Clients have the opportunity to participate in daily physical activities that enable them to achieve and maintain a high level of personal fitness; emphasizes self-management skills including energy balance; is consistent with state/district's standards/guidelines/framework; and is coordinated within our Recreation Dept.	X			As an RCCI, it is within our clients' rights not to participate in physical activity. We continue to promote the important health benefits of participating in physical activity.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				
HYFS supports providing a healthy diet and daily physical activity for the clients we serve.	X			
Our Recreation Dept. gives clients the opportunity to participate on a variety of agency sports teams throughout the year in addition to IIAA participation.	X			As an RCCI, it is within our clients' rights not to participate in physical activity. Continue to promote the important health benefits of participating in physical activity.

Part III: Model Policy Comparison

As part of the triennial assessment, USDA requires sponsors to assess how their wellness policy compares to model wellness policies. Choose **one** of the model wellness policies below to compare against your local wellness policy. Indicate which model policy was chosen and provide a narrative for each prompt below based on the findings.

☐ Alliance for a Healthier Generation's Model Wellness Policy – Local wellness policy created in collaboration with USDA, which exceeds minimum requirements

☐ Rudd Center's WellSAT 3.0 – Wellness assessment tool that asks a series of questions about your local wellness policy and generates a personalized scorecard based on the results. Users will need to create an account to access this tool.

☒ Other: Written in accordance to ISBE requirements, however, as an RCCI not all areas apply.

1. What strengths does your current local wellness policy possess?

   We offer a wide variety of physical activities in addition to sports teams.

2. What improvements could be made to your local wellness policy?

3. List any next steps that can be taken to make the changes discussed above.

Local Wellness Policy Triennial Assessment

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Sponsor Name: Hoyleton Youth and Family Services

Site Name: Cottage B/Skyview

Date Completed: August 6, 2025

Completed by: Tammie Watts

Part I: Content Checklist

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☒Goals for Other School-Based Wellness Activities

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☒Nutrition Standards for School Meals

☒Nutrition Standards for Competitive Foods

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Part II: Goal Assessment

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Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
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Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
This information is provided by our agency nurse in the form of handouts, brochures, etc. A Health and Wellness Brochure is given to new clients upon admission.	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
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Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				
HYFS supports providing a healthy diet and daily physical activity for the clients we serve.	X			
Our Recreation Dept. gives clients the opportunity to participate on a variety of agency sports teams throughout the year in addition to IIAA participation.	X			As an RCCI, it is within our clients' rights not to participate in physical activity. Continue to promote the important health benefits of participating in physical activity.

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Sponsor Name: Hoyleton Youth and Family Services

Site Name: Cottage C/Elm St.

Date Completed: August 6, 2025

Completed by: Tammie Watts

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) and state guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see ISBE's Local Wellness Policy Content Checklist.

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Part II: Goal Assessment

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Nutrition Education				
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Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
This information is provided by our agency nurse in the form of handouts, brochures, etc. A Health and Wellness Brochure is given to new clients upon admission.	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
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Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				
HYFS supports providing a healthy diet and daily physical activity for the clients we serve.	X			
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Sponsor Name: Hoyleton Youth and Family Services

Site Name: Cottage D/Main St.

Date Completed: August 6, 2025

Completed by: Tammie Watts

Part I: Content Checklist

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Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
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Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
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Sponsor Name: Hoyleton Youth and Family Services

Site Name: Cottage E

Date Completed: August 6, 2025

Completed by: Tammie Watts

Part I: Content Checklist

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Sponsor Name: Hoyleton Youth and Family Services

Site Name: Cottage F/Koelling

Date Completed: August 6, 2025

Completed by: Tammie Watts

Part I: Content Checklist

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